



# Beneficiary Designation Instructions

ING Life Insurance and Annuity Company  
 PO Box 990063  
 Hartford, CT 06199-0063  
 Telephone: 800 584-6001  
 Fax: 800-643-8143

**ING Life Insurance and Annuity Company will be defined as “the Company,” “we,” “us,” or “our” in this document.**

|                   |  |
|-------------------|--|
| <b>Good Order</b> | Good Order is receipt at our designated location of this form accurately completed, and must include the date and signature of you, the Participant. If this form is not received in Good Order, as determined by us, it may be returned to you for correction and processed upon resubmission in Good Order at our designated location. |
|-------------------|--|

|  |  |
|--|--|
| <b>Instructions for completing the Beneficiary Designation</b> | <ol style="list-style-type: none"> <li>1. Participant’s signature should be witnessed. The witness need not be a Notary Public.<br/> <b>Note: A person designated as a Beneficiary should not act as a witness.</b></li> <li>2. Please indicate your full legal name and the full legal name of each designated Beneficiary(ies).       <ul style="list-style-type: none"> <li>• A married woman should be indicated by her own given name, not that of her husband.<br/>           Example: Mary N. Jones, not Mrs. John R. Jones.</li> <li>• Do not designate a Beneficiary by relationship or class (e.g., <i>my children</i>). Each Beneficiary must be specifically named.</li> </ul> </li> <li>3. If more than one Beneficiary is designated, payment will be made in the percentages designated (<i>or in equal shares</i>) to the <b>Primary Beneficiaries</b> who survive the Participant, or if none survive the Participant, payment will be made in the percentages designated (<i>or in equal shares</i>) to the <b>Contingent Beneficiaries</b> who survive the Participant.</li> <li>4. Your Beneficiary data will be administered based on the Right of Survivorship, unless otherwise provided by your Employer’s Plan. This means that, in order to receive a death benefit a Beneficiary must be living. For example, if you named three equal Primary Beneficiaries and one were to predecease you, the surviving Beneficiaries would receive the full value of your Plan account (<i>i.e., 50% to each living Beneficiary</i>).</li> <li>5. If there are no surviving Primary or Contingent Beneficiaries, payment will be made pursuant to terms of the Plan.</li> <li>6. All designations <b>must be in whole percentages</b>. See the 2<sup>nd</sup> example below for an odd-numbered Beneficiary Designation. Total percentage must equal <b>100%</b> for Primary Beneficiary and <b>100%</b> for Contingent Beneficiary (<i>if designated</i>).</li> <li>7. If you need further assistance, please contact one of our customer service associates at the number above.</li> <li>8. Please keep a copy for your records. Mail the original to the address shown on this form.</li> </ol> |
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| <b>Common Beneficiary Designations</b> | <b>Type of Beneficiary</b>   | <b>Examples of Designation(s)</b>  |
|--|--|--|
|  | One Beneficiary  | Mary R. Jones, Spouse, 100% Primary  |
|  | Two or more Beneficiaries<br><b>All designations must be in whole percentages.</b> | Mary R. Jones, Spouse, 34% Primary<br>Eric A. Jones, Jr., Child, 33% Primary<br>Kevin R. Jones, Child, 33% Primary   |
|  | Primary and Contingent Beneficiaries   | Mary R. Jones, Spouse, 100% Primary<br>Eric A. Jones, Jr., Child, 50% Contingent<br>Kevin R. Jones, Child, 50% Contingent  |
|  | Participant’s Estate   | Participant’s Estate   |
|  | Trustee  | John Doe, Trustee under trust agreement* dated . . .<br><br>* IRS Regulations apply when a trust is named as Beneficiary. We will forward further information and instructions to you if this situation is applicable. |



# Beneficiary Designation

Initial Designation

Change to Designation

Mail or Fax completed form to:  
**ING Life Insurance and Annuity Company**  
PO Box 990063  
Hartford, CT 06199-0063  
Fax: 800-643-8143

|                         |   |                           |
|-------------------------|---|---------------------------|
| <b>Plan Information</b> | Plan Name<br><b>State of Connecticut Alternate Retirement Program</b> | Plan No.<br><b>666801</b> |
|-------------------------|---|---------------------------|

|                                |   |                              |                     |
|--------------------------------|---|------------------------------|---------------------|
| <b>Participant Information</b> | Participant Name <i>(Last, First, Middle Initial)</i> |                              | Social Security No. |
|                                | Daytime Telephone No.<br>( )                          | Evening Telephone No.<br>( ) |                     |

|  |   |                     |  |             |  |
|--|---|---------------------|--|-------------|--|
| <b>Beneficiary Information</b><br><br><i>Please print.</i><br><br><i>Changes must be initialed by the Participant.</i><br><br><i>If additional space is needed, attach a separate page and include all the information shown here.</i><br><br><i>* Total Percentage must equal 100% for Primary Beneficiary and 100% for Contingent Beneficiary (if designated).</i><br><br><i>** Contingent Beneficiary(ies) will only receive payment if all Primary Beneficiaries have predeceased the Participant.</i> | Beneficiary Name and Address <i>(Complete legal name required.)</i> |                     | <input checked="" type="checkbox"/> <b>Primary Beneficiary</b>   | Percentage* |  |
|  | Relationship  | Social Security No. | Date of Birth <i>(mm/dd/yyyy)</i>  |             |  |
|  | Beneficiary Name and Address <i>(Complete legal name required.)</i> |                     | <input type="checkbox"/> <b>Primary Beneficiary OR</b><br><input type="checkbox"/> <b>Contingent Beneficiary**</b> | Percentage* |  |
|  | Relationship  | Social Security No. | Date of Birth <i>(mm/dd/yyyy)</i>  |             |  |
|  | Beneficiary Name and Address <i>(Complete legal name required.)</i> |                     | <input type="checkbox"/> <b>Primary Beneficiary OR</b><br><input type="checkbox"/> <b>Contingent Beneficiary**</b> | Percentage* |  |
|  | Relationship  | Social Security No. | Date of Birth <i>(mm/dd/yyyy)</i>  |             |  |
|  | Beneficiary Name and Address <i>(Complete legal name required.)</i> |                     | <input type="checkbox"/> <b>Primary Beneficiary OR</b><br><input type="checkbox"/> <b>Contingent Beneficiary**</b> | Percentage* |  |
|  | Relationship  | Social Security No. | Date of Birth <i>(mm/dd/yyyy)</i>  |             |  |
|  | Beneficiary Name and Address <i>(Complete legal name required.)</i> |                     | <input type="checkbox"/> <b>Primary Beneficiary OR</b><br><input type="checkbox"/> <b>Contingent Beneficiary**</b> | Percentage* |  |
|  | Relationship  | Social Security No. | Date of Birth <i>(mm/dd/yyyy)</i>  |             |  |

|   |  |   |
|---|--|---|
| <b>Signatures</b>                       | Unless otherwise noted:  |   |
|   | <ul style="list-style-type: none"> <li>• Subject to the terms of my Employer's Plan, I request that any sum becoming due upon my death be payable to the Beneficiary(ies) designated above. I understand this designation will supercede all prior Beneficiary designations made by me under my Employer's Plan.</li> <li>• If more than one Beneficiary is designated, payment will be made in the percentages designated <i>(or in equal shares)</i> to the <b>Primary Beneficiaries</b> who survive the Participant or, if none survive the Participant, payment will be made in the percentages designated <i>(or in equal shares)</i> to the <b>Contingent Beneficiaries</b> who survive the Participant.</li> <li>• If a percentage is not designated, it will be assumed that you wish the value of your Plan Account to be split equally among all Designated Beneficiaries.</li> <li>• If no Beneficiary survives the Participant, payment will be made pursuant to the terms of the Plan.</li> </ul> |   |
|   | Signed in <i>(City/Town and State)</i>   | Date of Participant Signature <b>(required)</b> <i>(mm/dd/yyyy)</i> |
|   | Participant Name <i>(Please print.)</i>  | Witness Name <i>(Please print.)</i>                                 |
| Participant Signature <b>(required)</b> | Witness Signature <i>(See instructions.)</i>   |   |